Welcome to the 5th Edition of the Oregon Geriatrics Society Newsletter!  
February 2013

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WELCOME NEW BOARD MEMBERS AND COMMITTEE CO-CHAIR:

Board Members

David Mansoor, MD –
Dr. Mansoor grew up in Portland, OR. He received his medical degree from OHSU. He stayed at OHSU for his 4-year training in general adult psychiatry, and subsequent 1-year fellowship in geriatric psychiatry. He is board certified in both specialties. He is on the faculty at the Portland VA Medical Center and the Good Samaritan Regional Medical Center in Corvallis. His practice involves outpatient clinics as well as nursing home consultation, and his clinical interest is in psychiatric disorders of old age. He is actively involved in medical student and resident education at OHSU.

Margaret Njonjo, MD –
Dr. Njonjo grew up in Nairobi, Kenya. She received her medical degree from the University of Minnesota in Minneapolis. She completed her internal medicine residency and fellowship in Geriatrics at OHSU. She is board certified in both Internal Medicine and Geriatrics. Her practice spans the spectrum of geriatric patients. She does geriatric consultations at the Senior Health and Wellness Center in Eugene, OR. She is also the Medical Director at two long term care facilities in the Eugene area and sees patients at various facilities in Eugene. She attends the Acute Care of the Elderly Unit meetings at Sacred Heart hospital. In the past year she has also had a number of medical students complete elective rotations in Geriatrics. Outside of work, Margaret likes to make jewelry, knit, hike and travel.

Preston Peterson, MD –
Dr. Peterson originally hails from Houston, TX. After completing medical school at Texas Tech University, he moved to Portland, OR and completed residency in Internal Medicine at OHSU. He subsequently attended UCLA, completing a fellowship in Geriatric Medicine. Preston works in the Geriatrics and Long Term Care division at Kaiser Permanente. His professional interests include medical informatics and treatment of osteoporosis. He also serves on the Regional Ethics Committee at Kaiser.
Education Committee Co-Chair
Julie Bernstein, PA –
After graduating from the OHSU PA Program in 2008, Julie Bernstein worked at a busy internal medicine clinic in Vancouver, WA. During that time she realized that she most enjoyed caring for patients over the age of 80, and that she missed academic medicine. In 2011 she returned to OHSU as a faculty member in the Division of Internal Medicine & Geriatrics. She serves as a small group facilitator and physical diagnosis instructor for the PA Program. She is also a small-group facilitator for the Principles of Clinical Medicine course for first-year medical and PA students. She cares for a panel of geriatric patients in the ambulatory setting and is working on the development of an inpatient geriatric service for the hospital. Please welcome Julie Bernstein, as she works with Allison Lindauer, GNP Co-Chair of the Education Committee.

RETIRMENT – TINA KITCHIN, MD
After many years of being OGS liaison to the Department of Human Services, Dr. Tina Kitchin has retired. She has provided us with many educational talks at the annual OGS meeting, as well as alerting opportunities to become involved with activities in Salem. She will be missed.

SPADO:
Fran Howe, GNP and OGS board member, has been attending the “State Plan for Alzheimer and Related Dementia’s” (SPADO) meetings. At this meeting, they reviewed the action plan, discussed various care settings and the services they provide. There will be smaller group discussions that will then present the information to a larger group. The legislative resolution in support of the State Plan will have a hearing on Monday, Feb. 4th in the Senate Health and Human Services Committee in Salem. See the attached website for more information on SPADO and how you may become involved in change for the elderly of Oregon. http://www.alz.org/oregon/documents/spado_report.pdf

ALZHEIMER’S ASSOCIATION:
Work has begun on implementing the State Plan for Alzheimer’s Disease in Oregon, and you can help. The State Plan (available at www.oregonalzplan.org) calls for the creation of several workgroups, including ones on data, quality standards in dementia care, and creating more options for people with significant behavioral issues due to dementia. Several groups have already formed, and there is an opportunity for you to be involved. One workgroup is forming around the issue of caregiver training, including professional caregivers at all levels. The goal is to identify what skills are needed and training provided so caregivers can provide the best quality care for people with dementia. One role of this workgroup will be to find ways to increase the size of the dementia provider workforce and increase the amount of Alzheimer’s education available to all licensed providers. If you are interested in this workgroup, please contact Jon Bartholomew at the Alzheimer’s Association at 503-416-0202. The attached website will give you more information of Alzheimer’s Association Advocacy Day. http://act.alz.org/site/PageNavigator/OR_OR_action_center.html
The Alzheimer’s Association Advocacy Day is March 5, 2013 in Salem, Oregon. At that time, members of the association will be talking with legislators regarding SPADO as well as talking about the importance of continuing to support funding for programs for those impacted by Alzheimer’s. There is also a new State Ambassador program- please see the website for further details.

AMERICAN GERIATRICS SOCIETY:
Annual Conference - May 3-5, 2013 - Grapevine, Texas. www.americangeriatrics.org
Professionals from all disciplines--physicians, nurses, pharmacists, physician assistants, social workers, long-term care and managed care providers, health care administrators, and others can update their knowledge and skills through state-of-the-art educational sessions and research presentations. Topics include emerging clinical issues, current research in geriatrics, education, health policy, and delivery of geriatric health care in the format of symposia, workshops and meet-the-expert sessions.
Reviewing the American Geriatric Society page, there is one particular paper that I found rather stunning. The American Geriatrics Society’s Geriatrics Workforce Policy Studies Center (GWPS) reports that we will need 30,000 Geriatricians by 2030 to care for 21 million older Americans. This would mean that we need to educate roughly 1,200 students per year to meet that goal! Oregon’s data, according to this report, is that there will be 881,957 persons over age 65 by 2030. The projected need for geriatricians to care for this population is 378, currently we have 80.

14th ANNUAL OGS CONFERENCE – SUNRIVER, OREGON:
Save the Date!!! OGS 14th Annual Conference - in Sunriver! This conference will deliver educational content for all providers of the elderly. You are welcome to make your room reservations at Sunriver Resort - call 1-800-547-3922 and ask for the Geriatrics Annual Conference room rate.

OGS - 2013 MEMBERSHIP
Oregon Geriatrics Society (OGS) invites you to consider membership in 2013. Our membership form is attached to this email. OGS has the potential to stand for, and strongly state, our views regarding the care of Oregon’s older adults. As most of our current members can attest, we also have the benefit of being able to influence what OGS will become in the future. We work closely with the State of Oregon and Seniors & People with Disabilities which will allow us to address issues impacting elder care on a state level. We welcome health care providers from any state, not just Oregon, who wish to become members of OGS. Membership in OGS entitles you to gain opportunities to collaborate and network with other members – our physicians, physician assistants, nurse practitioners and other health professionals who all work with older adults. You will also find that membership dues are more than recovered through the discount member rate for our Annual Conference - a meeting of national quality to be held October 11-13, 2013 at Sunriver Resort in Central Oregon. OGS maintains a website—as a member you can list referrals and recruitment opportunities at no cost. With your support OGS will continue to provide the opportunity to be part of an organization that stands for excellence in the care for the elderly.

GERIATRIC CARE RELATED SIMINARS/CONFERENCES:
Portland Area Geriatric Seminar Series:
February 21, 2013 – 7:30am to 8:30am. “Interdisciplinary Team Care for People With Parkinson’s Disease”
OHSU School of Nursing – Founders Auditorium, Room 144
Contact: 503-494-3888. delmara@ohsu.edu

AMERICAN SOCIETY ON AGING (ASA) - CONFERENCE
March 12-16, 2013. Chicago, IL. Learn leadership, knowledge and skills to address the challenges and opportunities of a diverse aging society.

OREGON HEALTH CARE ASSOCIATION (OHCA) – SPRING EXPO

AMERICAN MEDICAL DIRECTORS ASSOCIATION (AMDA) – CONFERENCE
March 21-24, 2013. Washington DC. Enhance knowledge and competencies in providing quality LTC. Latest clinical developments in geriatric medicine, best practices in medical management and direction, policy and regulatory updates, advances in translating research into practice, as well as practical tools to help implement new ideas and projects in your practice setting. www.amda.com

OREGON STATE UNIVERSITY (OSU) – 37TH ANNUAL GERONTOLOGY CONFERENCE
April 3-4, 2013. Oregon State University, Corvallis, OR. Workshops by leading geriatric professionals presenting information for health and human services occupations.
Contact: Sunita Vasdev. 541-737-2261. Sunita.vasdev@oregonstate.edu.
WESTERN INSTITUTE OF NURSING (WIN) – CONFERENCE

PACIFIC UNIVERSITY OREGON – GRADUATE CERTIFICATE IN GERONTOLOGY CONFERENCE

ALZHEIMER’S DISEASE CONFERENCE
May 23, 2013. 12:00pm – 5:00pm. Meridian Park Education Center, Tualatin, OR. “All About Alzheimer’s” - Evidence Based Alzheimer’s Disease Conference for Health Professionals. Sponsored by Oregon Geriatric Education Center (OGEC). Contact: 503-494-6370.

OREGON HEALTH CARE ASSOCIATION (OHCA) – FALL ANNUAL CONFERENCE
September 16-17, 2013. Oregon Convention Center, Portland, OR. www.ohca.com

THE GERONTOLOGICAL SOCIETY OF AMERICA (GSA) – ANNUAL SCIENTIFIC MEETING

Thanks - we hope you enjoyed our OGS Newsletter. Please feel free to contact us here at OGS.

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