

Oregon Geriatrics Society Committees: Participate in an OGS Committee Meeting on Sunday morning and bring your ideas for OGS operations and growth. Choose from Public Affairs, Education or Membership.

NOTE: You must be a paid member of the Oregon Geriatrics Society in order to take advantage of the member conference rate. Any non-members utilizing the member rate will be invoiced for membership dues. You can pay your dues online by visiting the OGS website www.oregongeriatricsociety.org Print the membership form and scan or fax to the OGS office – then pay dues via PayPal. You will receive a receipt for paid dues. Alternatively, contact OGS and request a membership form.

Registration: Early registration is encouraged as enrollment may be limited. To help meet administrative costs, a \$30.00 service charge will be assessed on all refund requests received by September 15; no refunds can be issued after that date. Should conditions warrant, the sponsors reserve the right to cancel this program with a full tuition refund.

TUITION AND REGISTRATION

- The Oregon Geriatrics Society conference is designed for physicians, nurse practitioners and other health care professionals who work with older adults in various care settings. At the conclusion of this activity, participants will be able to:
 - Identify which drugs to prescribe in older adults and how to apply evidence-based tools to discontinue medications.
 - Integrate recent geriatric neuro-psychiatry literature for understanding of mood, sleep and cognitive disorders and how to apply recent neuro-psychiatric research findings to clinic, hospital and long-term care patients.
 - Determine ways health care professionals can work in partnership with Adult Protective Services to protect older adults in both facility and community settings
 - Understand epidemiology of traumatic brain injury (TBI) and learn common mechanisms of injury in older adult population, and learn appropriate compensatory strategies to improve functional ability and quality of life.

CONFERENCE OBJECTIVES

October 4-6, 2019 Sunriver, Oregon

OREGON GERIATRICS SOCIETY 20th Annual CONFERENCE

20th Annual OREGON GERIATRICS SOCIETY CONFERENCE



**October 4-6, 2019
Sunriver Resort
17600 Center Drive
Sunriver, Oregon 97707**

Sponsored by:
Oregon Geriatrics Society

and

Division of Continuing Professional Development,
School of Medicine

OHSU



ACCOMMODATION

Accommodations: Sunriver Resort offers program attendees a special rate of \$189.00 for Lodge Village Guest Rooms, \$249.00 for Lodge Suites, and \$239.00 for River Lodge Guestrooms (tax and resort fee not included). Please call 1-800-547-3922 for reservations and be sure to mention Oregon Geriatrics Society. The room block will be released on August 25, 2019 and is subject to sell-out prior to that date.

ACCREDITATION & CREDIT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint provider partnership of OHSU School of Medicine and the Oregon Geriatrics Society. The OHSU School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

American Medical Association: Oregon Health & Science University School of Medicine designates this live activity for a maximum of 15.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Academy of Family Physicians: Application has been made to The AAFP Board of Post-Acute and Long-Term Care Medicine. Determination of credit is pending.

American Nurses Credentialing Center: Recognizes AMA PRA Category 1 Credits™. American Osteopathic Association: The American Osteopathic Association states CME programs sponsored through organizations that are AMA PRA Category 1 Credits™ accredited or AAFP-approved are eligible for AOA Category 2 CME credit.

Oregon Community-Based Care Administrators: Application has been made to The State of Oregon, Oregon Department of Human Services this conference for CEUs, for Administrators of Assisted Living, Residential care, and Memory care

Oregon Nursing Home Administration Board: Application has been made to The Oregon Health Authority/Health Licensing Office.

Physician Assistants: The National Commission on Certification of Physician Assistants (NCCPA) states that the *AMA PRA Category 1 Credits™* are acceptable for continuing medical education requirements for recertification.

Washington Nursing Home Administrators: Washington State Department of Health may accept courses that meet the standard of relevance to specific practice.

If you have a disability and require assistance to participate in the conference, please contact Mary Olhausen at 360-892-1814 or email omary52@comcast.net as early as possible, but no less than twenty (20) business days before the meeting.

CONTINUING PROFESSIONAL DEVELOPMENT
MAIL CODE L602
3181 SW SAM JACKSON PARK ROAD
PORTLAND, OREGON 97239-3098



PROGRAM

FRIDAY OCTOBER 4, 2019

- 7:00 REGISTRATION / BREAKFAST / EXHIBITORS
- 8:00 **Welcome and Introduction to the Course**
- Juliana Bernstein, MPAS, PA-C
- 8:10 **The Year In Review: Update In Geriatrics Literature** - Kathleen Drago, MD
- 9:10 **Adult Protective Services (APS) Case Studies In LTC Facilities And Community Settings** - Ann McQueen, MS, PhD
- 10:10 BREAK / EXHIBITORS
- 10:40 **First Do No Harm: Addressing The Polypharmacy Epidemic**
- Cara Tannenbaum, MD, MSc
- 11:40 OGS Business Meeting
- 12:00 LUNCH (on your own)
- 1:20 **Easing Patient Suffering: Understanding Symptom Management**
- Helen Kao, MD
- 2:20 BREAK / EXHIBITORS
- 2:50 **Too Much Of A Good Thing? How To Effectively Deprescribe**
- Cara Tannenbaum, MD, MSc
- 3:50 **Music For The Aging Brain** - Larry Sherman, PhD
- 4:50 ADJOURN / RECEPTION / POSTERS (till 7:00)

SATURDAY, OCTOBER 5, 2019

- 7:00 BREAKFAST / EXHIBITORS
- 8:00 **Announcements** - Juliana Bernstein, MPAS, PA-C
- 8:10 **Journal Club: New Stuff You Want To Know From The Worlds Of Geriatric Mental Health And Neuroscience** - Clifford Singer, MD, DFAPA, AGSF
- 9:10 **Growing Older Together Or Apart? Social Isolation And Loneliness In Later Life** - Meghan Marty, PhD
- 10:10 BREAK / EXHIBITORS
- HEALING THE HEALER**
- 10:40 **Talking The Talk: Burnout, Mental Health, And The Medical Community**
- Leonard Su, MD
- 11:10 **Joy In Practice: Improving Outcomes With Team-Based Care**
- Carroll Haymon, PhD
- 11:40 **Blazing A Trail To Resilience: Personal Strategies To Promote Bounce** - Andrea Cedfeldt, MD, FACP
- 12:10 LUNCH - TABLE TOP TOPICS
- 1:40 **Elder Abuse And The Department Of Justice**
- Ellen Klem, JD & Daniel Norris, JD
- 2:40 BREAK - Tai Chi with Elizabeth Eckstrom, MD

SUCCESSFUL MODELS OF GERIATRIC CARE

- 3:00 **Primary Palliative Care**
- Mari Kai, MD, FACP; Marianne Parshley, MD, FACP & Richard Warren, APRN, ACHPN
- 3:30 **Creating Person-Centered Care Plans For People With Dementia: An Interdisciplinary Approach** - Maureen Nash, MD, MS, FACPA, FACP
- 4:00 **The Safer Project - When A Fall Is More Than A Fall**
- Colleen Casey, ANP-BC, CNS
- 4:30 **Improving Safe Prescribing For Hospitalized Older Adults Within An Electronic Health Record (EHR) Based Prescribing Context**
- Bryanna De Lima, MPH & Kathleen Drago, MD
- 5:00 ADJOURN

SUNDAY, OCTOBER 6, 2019

- 8:00 **BREAKFAST - COMMITTEE MEETINGS**
Education / Membership / Public Policy / Mentorship
- 9:00 **Announcements** - Juliana Bernstein, MPAS, PA-C
- 9:10 **Understanding The Unique Cognitive Consequences Of Traumatic Brain Injury (TBI) In An Older Adult Population** - Haley Trontel, PhD, ABPP-CN
- 10:10 BREAK
- 10:20 **The Role Of Hope In Caring For Elderly Patients And Their Families**
- Eric Walsh, MD
- 11:20 **Voluntary Stopping Of Eating And Drinking**
- Linda Ganzini, MD, MPH & Penelope Kaczmarek, MSW
- 12:20 ADJOURN

FACULTY & PLANNERS

- Juliana Bernstein, PA-C, MPAS**, Assistant Professor; Co-Director, Inpatient Geriatrics Program, Division of General Internal Medicine & Geriatrics, OHSU
- Laura Byerly, MD**, Assistant Professor, OHSU
- Colleen Casey, ANP-BC, CNS**, Associate Clinical Director-Providence Senior Health Program - Portland, OR
- Andrea Cedfeldt, MD, FACP**, Associate Professor of Medicine/Vice Chair Faculty Development Dept of Medicine OHSU
- Bryanna De Lima, MPH**, Staff-OHSU
- Kathleen Drago, MD**, Co-Director Inpatient Geriatrics Program - OHSU
- Paula Folger, MD**, Staff Physician, Geriatrics - Legacy Medical Group - Portland, OR
- Linda Ganzini, MD, MPH**, Professor of Psychiatry, OHSU
- Page Griffin-Josi, MD**, Staff, Salud Medical Center, Woodburn, OR
- Carroll Haymon, MD**, Clinical Assistant Professor Family Medicine - University of Washington & Iora Health - Seattle, WA
- Nicki Holmes, BA**, Adult Protective Services - Field Supervisor D11 - Klamath/Lake Counties, Oregon Department Of Human Services/Aging & People With Disabilities, Salem, OR
- Penelope Kaczmarek, MSW**
- Mari Kai, MD, FACP**, Residency Program Director-Internal Medicine - Providence Portland Medical Center - Portland, OR
- Helen Kao, MD**, Professor of Medicine - UCSF & Medical Director - Lumina Hospice-Palliative Care
- Ellen Klem, JD**, Director Consumer Outreach & Education/Office Attorney General - Oregon Dept of Justice - Portland, OR
- Louise Marasco, PhD**, Clinical Psychologist, Transitions Professional Center - Portland, OR
- Meghan Marty, PhD**, Licensed Clinical Psychologist - Rose City Geropsychology - Portland, OR
- Ann McQueen, MS, PhD**, Adult Protective Services, Administrator, Safety, Oversight, & Quality Unit, Oregon Department Of Human Services/Aging & People With Disabilities, Salem, OR
- Lisa Miura, MD**, Associate Professor of Medicine, Division of Internal Medicine & Geriatrics, OHSU; Geriatrician - VA Portland Health Care System - Portland, OR
- Emily Morgan, MD**, Staff Physician, OHSU - Portland, OR
- Maureen Nash, MD, MS, FACPA, FACP**, Medical Director - Providence ElderPlace - Portland, OR
- Margaret Njonjo, MD**, Staff, Pinnacle Healthcare - Eugene, OR
- Daniel Norris, JD**, Assistant Attorney In Charge/Elder Abuse Resource Prosecutor - Oregon Dept Criminal Justice Division
- Marianne Parshley, MD, FACP**, Staff-Providence Medical Group - Portland, OR
- Preston Peterson, MD, FACP**, Chief Geriatrics, Kaiser Permanente - Portland, OR
- Sara Phillips, PsyD**, Licensed Clinical Psychologist, Oregon State Hospital - Salem, OR
- Darin Prulhiere, MD, MS, CMD**, Medical Director, Rogue Valley Manor, Medford, OR
- Larry Sherman, PhD**, Professor of Neuroscience - OHSU
- Clifford Singer, MD, DFAPA, AGSF**, Chief-Geriatric Mental Health & Neuropsychiatry - Northern Light Acadia Hospital - Bangor, ME
- Leonard Su, MD**, Speaker & Consultant - Mental Health in Medicine - Seattle, WA
- Katherine Tacker, MD, CAPS**, Assistant Professor of Psychiatry - OHSU
- Cara Tannenbaum, MD, MSc**, Professor of Medicine-University of Montreal & Director-Canadian Deprescribing Network - Montreal, Quebec Canada
- Haley Trontel, PhD, ABPP-CN**, Staff-Transitions Professional Center - Portland, OR
- Eric Walsh, MD**, Professor of Medicine Emeritus - OHSU
- Richard Warren, APRN, ACHPN**, Staff - Providence Connections-Palliative Care Consultation Service - Portland, OR

REGISTRATION

Oregon Geriatrics Society Conference

October 4-6, 2019

Registration Fees (Please check):

	OGS Member	Non-Member
Doctoral and Master's Prepared Health Care Providers:	___\$425	___\$585
Other Health Care Professionals (Bachelor's Degree or below):	___\$275	___\$400
Health Care Professionals In Training (Fellow, Resident, Student):	___FREE	___FREE

Enclosed is my check for \$_____ made payable to OHSU CME

If you wish to pay with a credit card, please register online at:

www.ohsu.edu/som/cme

Name _____
(Please use one form per registrant and clearly print or type information)

Address _____

City _____ State _____ Zip _____

Day Phone _____

Email address _____

Professional Degree _____ Practice Emphasis _____

Dietary Restrictions _____

Please return to:

Division of Continuing Professional Development-L602, Oregon Health & Science University, 3181 SW Sam Jackson Park Rd, Portland, OR 97239.

Contact Information: For registration questions, contact Continuing Professional Development at 503-494-8700. For other questions, contact Mary Olhausen at 360-892-1814 or email omary52@comcast.net.