E-NEWS FROM OREGON GERIATRICS SOCIETY – JUNE 2018

IN THIS ISSUE –
OGS Annual Conference-Oct 2018
OGS COSAR Report
POLST
Sleep & Health Aging Conference
American Geriatrics Society (AGS)
Oregon Care Partners
AGS Poster Presenters

OGS Membership
Article By Cliff Singer, MD
Office Oregon Rural Health
OHSU Events/Conferences/Meetings
Oregon Department Human Services
Governor’s Office Executive Appointments
Upcoming Events

OREGON GERIATRICS SOCIETY 19th ANNUAL CONFERENCE
October 5-7, 2018

Join us this year for the 19th Annual Geriatrics Conference at Sunriver Resort, October 5-7, 2018.

Lodging Information:
Call Sunriver Resort for lodging reservations. Ask for Oregon Geriatrics Room Block. 1-800-547-3922.

This conference is designed for physicians, nurse practitioners, physician assistants, and other health care professionals who work with older adults in various care settings.

Conference Topics / Speakers
End Stage Renal Disease (ESRD) In Older Adults – Sharon Anderson, MD, MACP
Hazards Of Hospitalization For Older Adults – Juliana Bernstein, MPAS, PA-C
Falls In The Older Adult: Tools For Your Practice – Lisa Miura, MD and Ron Blehm, PT
Do’s & Don’ts Of Direct-Acting Oral Anticoagulants – Thomas DeLoughery, MD, MACP
Geriatric Literature Update - Elizabeth Eckstrom, MD, MPH, MACP
Common Oral Diseases In Older Adults – Richie Kohli, BDS, MS
Lessons From Hospice Transitions – Diane Kosmatka, RN, CHPN
The Healthy Aging Brain – David Mansoor, MD
Adult Protection Services – Ann McQueen, PhD and Nicki Holmes, BA
Post-Acute & Long-Term Care Topics – Barbara Messinger-Rapport, MD, FACP, CMD
Driving Evaluation: When And How To Take Away The Keys – Emily Morgan, MD
Trauma Informed Approach To Geriatric Care – Sara Phillips
Skin Biopsies In The Older Adult – Darin Prulhiere, MD, MS, CMD
Prescribing Safety In The Older Adult – Shirin Sukumar, MD
Skin Cancer In The Elderly – David Trask, MD
Families – Your Patient Has One! – Liz vonWellsheim, GNP
Common Injectable Geriatric Conditions – Charles Webb, DO

REGISTRATION OPENS SOON - MAKE YOUR ROOM RESERVATIONS TODAY
EARN CME and CEU’s
OREGON GERIATRICS SOCIETY  MEMBERSHIP 2018

Oregon Geriatrics Society (OGS) invites you to consider membership in 2018 either as a new member or as a continuing member. Dues are for the calendar year 2018 (January 1 – December 31, 2018). OGS has a growing membership that includes a variety of health professionals. We have the potential to stand for, and strongly state, our views regarding the care of Oregon’s older adults. We work with local and national agencies which allows us to address issues impacting elder care. We welcome health care providers from any state, not just Oregon, who wish to become members of OGS.

Membership form is attached and located on OGS website where you’ll be able to pay online via PayPal (scroll to bottom of home page). www.oregongeriatricssociety.org

- OGS stands for, and strongly states our views regarding care of Oregon’s elderly.
- We work closely with State of Oregon and Seniors & People with Disabilities.
- Gain opportunities to collaborate and network with other members.
- Eligible to list recruitment opportunities at no cost, on our website.
- Eligible for member discount rate for our Annual Conference.
- Dues support programs for an organization that stands for excellence in the care of the elderly.

With your support OGS will continue to provide you the opportunity to be part of an organization that stands for excellence in the care for the elderly.

Our membership form is located on the OGS website where you will find the membership form and pay online PayPal. www.oregongeriatricssociety.org

OGS – COSAR REPORT

OGS PUBLIC POLICY MESSAGE – June 2018
Lisa Miura, MD – American Geriatrics Society COSAR (Council of State Affiliate Representatives)

For those of you who may not know, I am the COSAR (Council of State Affiliate Representatives) Oregon representative for the American Geriatrics Society. For the fourth year as COSAR rep, I attended the American Geriatrics Society (AGS) Annual Meeting, which was held last month in Orlando, FL. There are two public policy-related meetings/talks that I wanted to report on in this update.

The Public Policy lecture at AGS was quite different in format this year, which seemed to reflect the trend for several of the conference talks. The “debate” type format or dialogue between 2 speakers was common and also a part of the Public Policy Plenary. There was only a rather short presentation of the geriatric-related federal policies and legislation this year as the focus was a debate mediated by Dr. Ken Brummel-Smith on Capitation vs. Fee-for-Service. The Washington Update (presented by Drs. Kathleen Unroe and Mike Malone from the AGS Public Policy Committee) with some important measures/legislation updates include:

Healthcare Reform
- Current Status:
  – Lawmakers are not really talking about healthcare reform; Republicans are looking to the midterm elections and focusing on their achievements (e.g., tax reform)
  – Possible that Republicans will take another shot at healthcare reform and that the Administration will continue to use its authority to weaken the ACA
- AGS continues to monitor for any renewed efforts and determine impact of any new policies on older Americans
- We’ve issued 10 statements to date on various proposals

Introduction of Geriatrics Legislation
- Geriatrics Workforce and Caregiver Enhancement Act introduced in the House in Sept. 2017
  – Codifies the Geriatrics Workforce Enhancement Program into law
  – Reestablishes the Geriatric Academic Career Awards
• Collaborative effort of the AGS, Eldercare Workforce Alliance (EWA) and National Association for Geriatric Education (NAGE)
• Next Steps:
  – Introduction in the Senate
  – Garner support in both houses and among key stakeholders

Funding Increases for Key Programs in FY 2018
• President Trump called for massive cuts to government spending; Congress instead passed a $1.3 trillion spending bill for the remainder of FY 2018
  – Healthcare workforce training received $40.7 million for the GWEPs; $2 million increase
  – NIA received $2.5 billion; $500 million increase and unprecedented $3 billion increase for NIH ($37 billion total)
  – VA research received $722 million; $47 million increase
  – OAA programs also received funding increases
• Next Steps:
  – Advocate for increased appropriations in FY 2019 (starts Oct. 1)

Passage of CHRONIC Care Act
• Creating High-Quality Results and Outcomes Necessary to Improve Chronic (CHRONIC) Care Act of 2017 signed into law as part of a budget deal that passed in Feb. 2018
• Key Highlights:
  – Extension of Independence at Home Demonstration
  – Expansion of telehealth services
  – Process for ACO beneficiaries to designate a primary care provider
  – Special Needs Plans (SNPs) made permanent
  – GAO review of longitudinal comprehensive care planning services

Payment Work
• CMS effort to revise the current Evaluation and Management documentation guidelines.
• AGS submitted comments, participated in listening sessions, met with CMS. Involvement and work is ongoing.
  – Aim is to reduce burden and redundant documentation, improve accuracy, and allow healthcare professionals to spend more time with their patients and improve care for Medicare beneficiaries.

MACRA – Ongoing Efforts
• Episode-Based Cost Measures Participate in CMS’ “MACRA Episode-Based Cost Measures” project through various avenues
  – Committees/Technical Expert Panels (TEPs)
• Geriatrics Specialty Measure Set
Submitted comments to CMS requesting a geriatrics specialty measure set for the 2019 performance year of MIPS. CMS has not yet indicated whether they will accept our recommendation.

In sum, there is an internal team of AGS leaders and consultants who have been involved with collaboration and building relationships with key stakeholders to advance geriatrics-related causes. AGS has engaged with CMS and seeks to keep AGS members informed and educated about the many ongoing changes through comment letters, FAQ’s, webinars, and journal articles (in JAGs).

How can you help to ensure quality care for older Americans?
Visit the AGS’ Health in Aging Advocacy Center, and take action today:
www.capwiz.com/geriatrics
• Support the Geriatrics Workforce and Caregiver Enhancement Act
• Support Funding for the GWEPs in FY 2019
• Support Funding for Aging Research in FY 2019

COSAR MEETING: At the AGS conference, I also attended the face-to-face COSAR meeting on May 4, 2018 (there are also 3 other quarterly virtual meetings throughout the year). This was led by the chair of COSAR, Kathy Frank, RN/PhD.

Exciting News!
I was honored to accept (as the Oregon COSAR rep) the American Geriatrics Society 2018 State Affiliate Achievement Award for Outstanding Achievements: the Oregon Geriatrics Society was recognized at the AGS Awards Ceremony for our achievements in community outreach and relationship-building through our OGS Alliance Building Program. This program has helped us increase membership growth and outreach to geriatrics-related organizations, programs, and campaigns to educate and support providers in Oregon. We thank Mary Olhausen, our OGS Executive Director and the OGS Board for taking the lead in our Alliance Building Program. AGS is aiming to reach out to state affiliates more and have provided many new resources that include My AGS Online, AGS State Affiliate webpages that can be accessed through the AGS website, and a State Affiliate Booth at the national AGS meeting. The AGS Director of Member Services and Relations, Ashley Morris, has been instrumental in organizing all of this. We appreciate Mary Olhausen’s presence at AGS this year and her networking with Ashley and other AGS staff!

On another note, I encourage all of you to pay your OGS membership dues for 2018. These funds help to support OGS initiatives such as our Alliance Building Program, support our Annual Sunriver educational conference, and scholarship program for trainees interested in geriatrics-related careers. I am happy to answer any questions you may have. As your state representative for AGS, please let me know your thoughts and concerns.
Lisa Miura, MD / miural@ohsu.edu

SLEEP AND AROUSAL DISORDERS OF ALZHEIMER'S DISEASE:
WE NOW THINK THE SYMPTOMS THEMSELVES DRIVE THE PATHOLOGY
An Article By Cliff Singer, MD
Chief, Geriatric Neuropsychiatry – Acadia Hospital – Bangor, Maine

Key Highlights:
• Sleep and wake disorders are common symptoms of AD
• Sleep disorders accelerate neurodegeneration
• Sleep fragmentation may “lesion” arousal mechanisms
• IPA has recognized the need for education and practice guidelines in sleep, wake and circadian disorders of older adults
**POLST: WHEN IS THE RIGHT TIME?**

The link to the new Oregon POLST video is available.

**Title:** ‘POLST: When is the Right Time?’ – This is a 3-minute video that illustrates changes in a patient’s life by showing the completion of an advance directive while healthy, and a POLST when seriously ill.

**Direct Link:** ‘POLST: When is the Right Time?’ - https://youtu.be/LoGM-ayzKc0.

For questions, contact POLST@ohsu.edu.

---

**OREGON OFFICE OF RURAL HEALTH**

---

**2018 Oregon Rural Health Hero of the Year Nominations**

The Oregon Office of Rural Health is seeking nominations for the 2018 Oregon Rural Health Hero of the Year Award. The award recognizes an individual, provider, practice or community for making a distinguished, unique or exceptional contribution to improving the quality of life for rural Oregonians. Criteria may include going above and beyond expected job responsibilities, outstanding volunteerism, sustained and successful commitment to a particular issue or issues affecting rural health care, and long-term impact of contribution. Nominations will be accepted now through July 6, 2018. A winner will be selected the week of July 8 and the award will be presented to the winner at the 35th Annual Oregon Rural Health Conference, October 3-5, 2018 at the Riverhouse on the Deschutes, Bend, Oregon. The nomination form is on our web site; please submit by 5:00pm - July 6, 2018. Check out previous Oregon Rural Health Hero of the Year awardees! For more information, please contact: Laura Potter, Oregon Office of Rural Health, 503 494-5244 or potterla@ohsu.edu.

**National Rural Health Day – November 15, 2018**

What are you doing to celebrate National Rural Health Day (NRHD) 2018? It is never too early to start planning! NRHD is our opportunity to celebrate our communities and our health care workers. Open houses, community events, facility tours, policy roundtables are just a few ideas.

If you would like assistance in planning your NRHD celebrations, please contact Robert Duehmig | duehmigr@ohsu.edu

---

**SLEEP AND HEALTHY AGING CONFERENCE**

International Psychogeriatric Association

September 14-15, 2018 / W Hotel – Hoboken, NJ
OREGON HEALTH & SCIENCE UNIVERSITY - DIVISION OF CPD ACTIVITIES
Please visit the OHSU Division of CPD website for full descriptions of activities AND to subscribe to the CPD Newsletter: www.ohsu.edu/cme

September 6-7 - Registration is now open!
4th Annual Musculoskeletal Update for Primary Care - Salem Convention Center, Salem, OR.

September 27-28 - Registration is now open!
13th Annual NW Regional Hospital Medicine Conference - Sentinel Hotel, Portland, OR.

October 4-6 - Save The Date!
Pacific Northwest Pediatric Symposium - In conjunction with Providence Children’s Program - Embassy Suites Washington Square, Portland, OR.

October 18-19 - Save The Date!
42nd Annual Pacific NW Update of OB-GYN & Women's Health - Sentinel Hotel, Portland, OR.

February 11-15, 2019 - Save The Date!
The OHSU Primary Care Review is Turning 50!
50th Annual Primary Care Review - Sentinel Hotel, Portland, OR.

March 8, 2019 - Save The Date!
2nd Annual Pediatric Mental Health Conference: Equipping the Primary Care Provider - OMA Headquarters, Portland, OR.

March 15, 2019 - Save The Date!
3rd Annual Mental Health Conference: Challenges and Treatment in Adult Primary Care - OMA Headquarters, Portland, OR.

April 18-19, 2019 - Save The Date!
26th Annual Internal Medicine Review - Sentinel Hotel, Portland, Ore

May 16-17, 2019 - Save The Date!
Sommer Memorial Lectures / OHSU SOM Alumni Scientific Session - Multnomah Athletic Club, Portland, OR.

AMERICAN GERIATRICS SOCIETY

Become an AGS Member and Save!
Members of the American Geriatrics Society (AGS) receive a member discount on annual meeting registration. Join today to save up to $335 on your registration and receive over $1,500 in exclusive member benefits including:

Journals & Clinical Tools
Journal of the American Geriatrics Society / Annals of Long Term Care
Geriatrics at Your Fingertips / Geriatric Evaluation & Management Tools
Reference Toolkits & Practice Guidelines / Product Discounts on GeriatricsCareOnline

Community & Connections
MyAGSOnline- Member Community / Sections & Special Interest Groups
AGS Week in Review Emails & Quarterly Updates

Career Advancement & Advocacy
CME/CE Credits / AGS Fellowship, Leadership Opportunities & Awards
Annual Scientific Meeting Discount / Advocacy Center & Updates / Career Connections

Phone: 212-308-1414/212-308-1414 | Fax: 212-832-8646 | membership@americangeriatrics.org
OLDER AMERICANS MONTH - MAY

As we mark the end of Older Americans Month in May, I am inspired by all the people who are committed to improving the lives of older Americans. This year’s theme is “Engage at Every Age.” Across the country, older Americans – a rapidly growing population – are taking part in activities that promote wellness and social connection. They are sharing their wisdom and experience with future generations, and they are giving back to enrich their communities. They’re working and volunteering, mentoring and learning, leading and engaging. We have many people right here in DHS and in our partner agency, the Office of the Long-Term Care Ombudsman, who volunteer their time – who we want to thank for their dedication. We also have interns working for us, focused on finishing college while also learning about serving older adults and people with disabilities. When I met one of these interns recently, she told me that many of her classmates are interested in working with the population we serve – this is so exciting! For 55 years, Older Americans Month (OAM) has been observed to recognize older Americans and their contributions to our communities. Led by the Administration for Community Living’s Administration on Aging, every May offers opportunity to hear from, support, and celebrate our nation’s elders. This year’s OAM theme, “Engage at Every Age,” emphasizes the importance of being active and involved, no matter where or what stage you are in life. You are never too old (or too young) to participate in activities that can enrich your physical, mental, and emotion well-being. We encourage people to reach out to APD, we are always looking for new ideas and innovative ways to engage people across the lifespan. Please see this statement from Lance Robertson, assistant secretary for Aging with the U.S. Department of Health & Human Services and administrator for the Administration for Community Living.

WORLD ELDER ABUSE AWARENESS DAY – JUNE 15, 2018

As we recognize World Elder Abuse Awareness Day, we are proud to join you in sharing the importance of creating supportive communities in which everyone is free from abuse and neglect. Abuse can happen to anyone. The National Council on Aging estimates that 1 in 10 Americans age 60 and older have suffered from some form of abuse. Frequently, the perpetrator is a family member. We embrace the goal of World Elder Abuse Awareness Day – launched in 2006 by the International Network for the Prevention of Elder Abuse and the World Health Organization at the United Nations – because it emphasizes the need for a better understanding of the cultural, social, economic and demographic drivers behind abuse. The Department of Human Services is dedicated to learning more about the root causes of abuse, so that we can do more to prevent it. In the coming months, we will be piloting a Centralized Abuse Management (CAM) system for adult abuse investigations. This system will help us to better screen allegations, standardize the investigations process and produce more consistent reports. Once it is implemented statewide and we have collected several years of data, it will allow us to more easily see trends, track perpetrators and to identify which interventions are resulting in the desired outcome of preventing further abuse. While the size of the problem of elder abuse is daunting, it’s good to remember that everyone can be part of the solution. We can all make a difference by doing something as simple as reaching out to an older adult to help break down the social isolation that can make them more vulnerable to abuse. Or, helping to share the state’s abuse hotline, 1-855-503-SAFE (7233), which was introduced to make it easier to report suspected abuse.

By working together, we will make a real difference in preventing elder abuse, neglect, and exploitation.
OREGON CARE PARTNERS

FREE Training!! Free CEU’s for long-term care professionals!!
Convenient both on-line and in-person classes!!
Visit: www.oregoncarepartners.com   1-800-930-6851

GOVERNOR’S OFFICE OF EXECUTIVE APPOINTMENTS

The Governor’s Office of Executive Appointments seeks to recruit members for the new Long-Term Care Administrator’s Board, formerly known as the Nursing Home Administrators Board. We’d like your help to get the word out about these vacant positions. Per House Bill 4129, this board will consist of nine members appointed by the Governor and subject to confirmation by the Senate in the manner provided in ORS 171.562 and 171.565. To be considered, candidates must be Oregon residents and demonstrate an interest in long term care that meets the needs of older adults in the state.

The following positions will be on the board:
- Three nursing home administrators licensed under ORS 678.710 to 678.820;
- Three residential care facility administrators licensed under ORS 678.710 to 678.820, at least one of whom serves in a memory care community;
- One physician licensed under ORS 677.100 to 677.228 who has expertise in geriatric care or care for persons with disabilities;
- Two members of the public who are not otherwise eligible for appointment to the board or are not a spouse, domestic partner, child, parent, sibling of a nursing home administrator or residential care facility administrator.

When recruiting for these vacancies on the Long-Term Care Administrator’s Board, the Governor's Office of Executive Appointments will be looking to build a very diverse board by appointing interested members of the community from different ethnic backgrounds and geographic locations throughout Oregon to bring different perspective, experience and education to the board.

To apply for consideration, please access the link – the Form must be signed and completed. Candidates must also provide a bio, statement of interest and resume. All of these materials should be sent before July 31, 2018, by email to:

Paige Sims - Executive Assistant / Health Licensing Office - Oregon Health Authority
paige.s.sims@state.or.us   (503)-373-1915

Once Paige has the required documents, she will forward the applications to the Governor’s Office of Executive Appointments for review and consideration. For more information, please visit this website:
http://www.oregon.gov/oha/PH/HLO/Pages/index.aspx
Oregon had some local talent at the recent AGS Meeting in Orlando, May 5, 2018.

Three of our OGS members presented posters:

Hiroko Kiyoshi-Teo, PhD, RN (Asst Prof OHSU)
Cliff Moeckelman (Medical Student OHSU)
Kate Runkel (Medical Student OHSU)

Cliff and Kate are pictured here. Hiroko will be presenting her poster this Fall at the OGS Annual Conference. Our Oregon group also included Lisa Sanders, MD and Elizabeth Hays, MD, both Geriatric Fellows from OHSU, as well as Lisa Miura, MD, and Mary Olhausen.
UPCOMING EVENTS

SPIN – Senior Provider Information Network
Jun 25; Jul 23; Aug 27; Sep 24; Oct 22; Nov 12; Dec 10
4th Monday of Month, 3:00pm-5:00pm. CEU’s available.

National Association of Directors of Nursing Administration in Long-Term Care

Oregon Care Partners – Train With Teepa Snow-Dementia Care Workshop

AANP – American Association Of Nurse Practitioners Annual Conference

NWADEBS – NW Association For Death Education & Bereavement –
Conference: Understanding Compassionate Choices And Death With Dignity

ACP-OHSU-AIUM - Point-Of-Care Ultrasound Course
(ACP Members Save $250 – use code ACP250)

OHCA - Oregon Health Care Association Nurse Leadership Conference

OHSC – 27th Annual Ashland Endocrine Conference
August 2-4, 2018. Ashland Hills Hotel – Ashland, OR. www.ohsu.edu/cme

ALZ – Walk To End Alzheimer’s – Portland
August 26, 2018. Rose Quarter Commons – Portland, OR. www.alz.org/walk

OHSC – 4th Annual Musculoskeletal Update For Primary Care
September 6-7. Salem Convention Center-Salem, OR. www.ohsu.edu/cme

Cascade Conference On Successful Aging
September 11, 2018. Central Oregon Community College - Bend, OR. www.cascadeaging.org

ALZ – Walk To End Alzheimer’s – Bend
September 15, 2018. Riverbend Park – Bend, OR. www.alz.org/walk

ALZ – Walk To End Alzheimer’s – Albany

OHCA - Oregon Health Care Association Annual Fall Conference

Aging Life Association Western Region - Loneliness Project
September 21, 2018. Location TBD.

ALZ – Walk To End Alzheimer’s – Medford

ALZ – Walk To End Alzheimer’s – Roseburg

OHPCA – Oregon Hospice & Palliative Care – Professional Practices Exchange

GAPNA – Gerontological Advanced Practice Nurses Association Annual Conference

OHSU - 13th Annual Regional Hospital Medicine Conference

OMA – Oregon Medical Association – Annual Conference

OHSU – 35th Annual Oregon Rural Health Conference
October 3-5, 2018. Bend, OR. Linda Pepler: pepplerl@ohsu.edu

NWADEBS – NW Association For Death Education & Bereavement –
Conference: Palliative Music Practice In End Of Life Care

OGS – 19th Annual Conference
NPO – Nurse Practitioners Of Oregon Annual Conference

OSPA - Oregon Society of Physician Assistants Annual Conference
October 11-14, 2018. Salishan, OR. www.oregonpa.org

ALZ – Walk To End Alzheimer’s – Eugene

OHSU – 42nd Annual Pacific NW Update Ob/Gyn & Women’s Health
October 18-19, 2018. Sentinel Hotel – Portland, OR

APNA – American Psychiatric Nurses Association
October 24-27, 2018. Columbus, OH. www.apna.org

The Bloom Project – Bouquets Of The Heart Luncheon

Transitions Professional Center – 4th Annual Palliative Care Conference
October 26, 2018. Sheraton Airport Hotel - Portland, OR. www.transitionspc.com

ASCP – American Society Of Consultant Pharmacists Annual Conference

ACP - Oregon ACP – Oregon Chapter American College of Physicians – Annual Scientific Meeting
November 8-10, 2018. Salem Convention Center – Salem, OR. www.acponline.org/chapters
November 7-9, 2019. Salem Convention Center – Salem, OR.
November 5-7, 2020. Salem Convention Center – Salem, OR.

ALZ – Alzheimer’s Association-Oregon Chapter – McGinty Conference

GSA – Gerontological Society of America Annual Conference

Aging Life Association Western Region - Older And Disabled Friendly Travel NW
November 16, 2018. Location TBD.

Thanks for reading our newsletter!! If you have items of interest to share, please contact us.

UNSUBSCRIBE: Should you wish to no longer receive our newsletter, please send an email to OGS at omary52@comcast.net and request Unsubscribe.

www.oregongeriatricssociety.org